**Chemical Peel**

**What is Chemical Peeling?**

A facial and body chemical peel is the one of the oldest and trusted aesthetic procedures available. This effective resurfacing procedure manages to address all concerns for complete skin rejuvenation- it exfoliates dead skin cells, removes facial and body pigmentation, improves skin tone and texture, and lightens scars and wrinkles for a smoother and fresher looking skin. A choice between light, medium and deep chemical peel may be considered depending on the desired results and current skin condition.

**How does Facial and Body Chemical Peel work?**

A medical grade peeling solution of specific strength is thinly applied and properly distributed, especially on the problem areas, with a fan brush. Folds and narrow areas of the face are given equal attention as well. A retinol component is then applied which is known to help in collagen stimulation and skin rejuvenation. Finally, a calming cream is applied as anti-inflammatory with organic extracts for damage prevention and healing.

**Is the treatment painful? Is it safe? How long will the treatment take?**

You will feel a slight sting and warmth during the treatment especially during the application of the chemical peel. All throughout this part, a cooling high speed fan is provided to ensure comfort. The procedure can take from 30 minutes to 2 hours, depending on the kind of chemical peel and the area to be treated. All chemicals used in this treatment are proven safe and non-toxic.

**How many treatments I need before I see results and how long will it stay?**

You will feel immediate results. Skin feels tighter. Gradual peeling is expected where significant results of lightening and smoother skin is observed after 3-7 days. Skin is more hydrated and plumper as well.

Light chemical peels may be done with 4-6 months intervals to maintain desired results or gently resurface without risk of extreme abrasion.

**Is it safe to have chemical peels on a regular basis?**

Multiple treatments may be required to achieve desired results. Our illuminize peel can be repeated every 2 weeks, vitalize peel every 3-4 weeks and rejuvenize peel every 4-6 weeks. There is no limit to the number of peels a person can receive as long as improvement continues. The effect is cumulative with time and enhanced with daily regimen products.

**How long will the effects of the chemical peel last?**

Aging of the skin is a chronic natural phenomenon. A single peel can reduce some of the signs of aging, but once the skin has healed from the peel, the aging process starts again. Therefore, a daily program of specifically designed products that reduce the signs of again, as well as a series of peels are necessary to maintain long-term improvement.

**How long do I have to wait after my chemical peel before i can go in the sun?**

New skin is more susceptible to sunburn, therefore extra precautions should be taken to avoid sun exposure following the peel. Use of a sunscreen with an spf of 30 or higher is recommended. We recommend limiting sun exposure for at least one week after the chemical peel is performed.

**I have a history of cold sores; do I need to take precautions?**

Patients with a history of cold sores must be treated with valtrex to reduce the risk of an outbreak. Please notify our office and a prescription may be provided for you.

**Will my face be red after the chemical peel?**

Some degree of redness is expected after any type of chemical peel procedure. The extent of redness varies from person to person. Your face may appear redder than usual for some time after the treatment and completely resolves after the peeling is complete.

**How much peeling can i expect from the chemical peels?**

The degree of peeling may vary depending on your skin type and skin condition at the time of the peel. Peeling can range from mild flaking to peeling in sheets. Regardless of the amount of peeling, the skin is still sloughing off at an accelerated rate. The outcome of the peel is not determined by the amount of peeling, but by the results the peel produces including an improvement of overall skin condition, smoothness of skin texture and diminishment of fine lines and wrinkles.

**Can the chemical peels help my acne?**

One of the active ingredients in our vitalize and rejuvenize peel is salicylic acid (beta hydroxyl acid) which is commonly used to treat acne. Retinol is an ingredient which is known to unclog pores and prevent the formation of new acne lesions. Superficial exfoliation produced by our vitalize and rejuvenize peels also helps to improve the appearance of post-inflammatory hyperpigmentation caused by acne lesions.

**Can i continue taking my acne medication while receiving a chemical peel?**

Oral antibiotics used for the treatment of acne should be continued during the course of the peeling. The use of topical prescription medications, such as retin-a, tazorac, differin, benzoyl peroxide, etc. Should be postponed until the peel process is complete or skin sensitivity resolves. Over the counter acne remedies that are drying to the skin should also be discontinued until the peel process is complete or sensitivity resolves.

**I am pregnant. Is chemical peel safe for me?**

Our chemical peels are not recommended for pregnant or lactating women. The safety for the use of our salicylic acid and retinol peels in pregnant or lactating women has not been established. However, these ingredients are known teratogens and when ingested orally may result in complications for pregnant of lactating women.